

## **Dr. Lisa Bost-Sandberg**

Dr. Lisa Bost-Sandberg is a flutist, composer, and improviser deeply committed to contemporary music as well as its rich roots in the classical repertoire. In demand as a soloist and chamber musician, she has performed across the United States and Europe, including National Flute Association conventions, new music festivals (SEAMUS, EMM, Pixilerations, Spark, and SCI), and guest appearances at universities. She is the flutist of the InterSpheres Trio, which toured Hungary in 2014, and served as principal flute of the Bismarck-Mandan Symphony Orchestra from 2013-2017. She has recorded on the Albany, GIA, and North Texas Jazz labels.

A dynamic and impactful teacher, Bost-Sandberg has taught masterclasses, presented lecture-recitals, and led workshops at numerous institutions. She is the Instructor of Flute at the University of North Dakota, teaches composition at the University of Mary, and is a flute instructor at the International Music Camp. Her previous teaching engagements include the University of North Texas, the University of Texas at Dallas, Clarke College, and the Great Neck Arts Center.

She frequently has the honor of premiering pieces and actively commissions new works with a particular interest in music for alto flute. Her compositions have been selected for performance at conferences of the National Flute Association, World Saxophone Congress, North American Saxophone Alliance, Society of Composers Inc., and Iowa Composers Forum. Recently, her tenor trombone solo, *Glint*, was selected as the winner of the 2016 American Trombone Workshop Composition Competition. She is currently serving as chair of the National Flute Association New Music Advisory Committee.

A Montana native, Bost-Sandberg received her doctorate in flute performance with a related field in composition from the University of North Texas as a recipient of the prestigious Masters and Doctoral Fellowship. She is also a graduate of New York University (Master of Arts) and The University of Iowa (Bachelor of Music). Her primary flute instructors include Terri Sundberg, Elizabeth McNutt, Robert Dick, Tadeu Coelho, and Tamara Thweatt. Bost-Sandberg's primary composition instructors include Andrew May, Christopher Trebue Moore, Robert Dick, and Lawrence Fritts. She studied the Alexander Technique with Käthe Jarka of New York City and Pedro de Alcantara of Paris, France.

"Lisa Bost-Sandberg is one of the important composer-performers of her generation...[her] interpretations are infused with deep musicality, questing intelligence and a joyous spirit."  
- Robert Dick (world-renowned flutist/composer, National Flute Association Lifetime Achievement Award recipient)

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