

Keanna Ellsley is delighted to be at IMC again! She is from Winnipeg, Canada and recently graduated from the BFA Musical Theatre programme at North Dakota State University. Her main areas of training are in Movement, Dance, and Theatre for Young Audiences. In her free time, Keanna is working towards obtaining her 200 -hour Yoga Teacher Training Certification and is currently developing a series of workshops in Creative Wellness available to artists of all disciplines interested in Somatic Studies and Embodiment in Peak Performance.

After having been a camper for a few summers, going to university, attending several intensive programmes, and working in theatre and dance, Keanna will now be returning to IMC as an instructor and is excited to share some of the skills and professional experiences she has had since she was last here. Looking forward to an awesome week with you!