

**Dr. Lisa Bost-Sandberg** is a flutist, composer, and improviser deeply committed to contemporary music as well as its rich roots in the classical repertoire. In demand as a soloist and chamber musician, she has performed across the United States and Europe, including National Flute Association conventions, new music festivals (SEAMUS, EMM, Pixilerations, Spark, and SCI), and guest appearances at universities. She is the flutist of the InterSpheres Trio, which toured Hungary in 2014, and served as principal flute of the Bismarck-Mandan Symphony Orchestra from 2013-2017. She has recorded on the Albany, GIA, and North Texas Jazz labels. Currently serving the National Flute Association as a member of the Board of Directors, she recently completed a term as chair of the New Music Advisory Committee.

A dynamic and impactful teacher, Bost-Sandberg has taught masterclasses, presented lecture-recitals, and led workshops at numerous institutions. She is the Instructor of Flute at the University of North Dakota and teaches at the International Music Camp. She has also served on the faculties of the University of Mary, the University of North Texas, the University of Texas at Dallas, Clarke College, and the Great Neck Arts Center.

Her compositions have been selected for performance at conferences of the World Saxophone Congress, North American Saxophone Alliance, National Flute Association, Society of Composers Inc., and Iowa Composers Forum. *Glint* for solo tenor trombone was selected as the winner of the 2016 American Trombone Workshop Composition Competition. Her most recent project, titled *Chroma*, is a series of eight movements of diverse instrumentations paired with paintings by artist and commissioner Marjorie Schlossman. Premiered at the Plains Art Museum in Fargo, North Dakota, in May of 2018, the collaboration with Schlossman is the subject of a short film by Mary Trunk and Caren McCaleb.

A Montana native, Bost-Sandberg received her doctorate in flute performance with a related field in composition from the University of North Texas as a recipient of the prestigious Masters and Doctoral Fellowship. She is also a graduate of New York University (Master of Arts) and The University of Iowa (Bachelor of Music). Her primary flute instructors include Terri Sundberg, Elizabeth McNutt, Robert Dick, Tadeu Coelho, and Tamara Thweatt. Bost-Sandberg's primary composition instructors include Andrew May, Christopher Trebue Moore, Robert Dick, and Lawrence Fritts. She studied the Alexander Technique with Käthe Jarka of New York City and Pedro de Alcantara of Paris, France.

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"Lisa Bost-Sandberg is one of the important composer-performers of her generation...[her] interpretations are infused with deep musicality, questing intelligence and a joyous spirit."

- Robert Dick