

Alexis Silver holds bachelor's degrees in Music and Education from the University of Manitoba and is pursuing Post-Bachelor work in Counseling. She teaches Band and Drama at Sisler High School in Winnipeg, Manitoba, Canada. She has played, guest conducted, presented, and/or adjudicated for: Winnipeg Symphony Orchestra; Winnipeg Jazz Orchestra; Winnipeg Wind Ensemble, Manitoba Band Association; Women of Note; International Music Camp; Montreal Junior Honour Band; Comox Valley Music Festival; Vic Lewis Music Festival; University of Manitoba; Brandon University, and school divisions across Manitoba. She has enjoyed acting and directing for the Little Opera Company, Wahanowin Theatre, Leithelle Productions, the Winnipeg Fringe Festival, Murder on the Menu, and Manitoba Theatre for Young People. Alexis has served as a Regional Representative, Advocacy Chair, and Vice-President of the Manitoba Band Association, Performance Chair for the Canadian Music Educators Association Conference, and Parliamentarian of the Manitoba Drama Educators Association. She continues to organize wellness initiatives for the MBA, and her articles *Self-Care for Instrumental Music Teachers 1 & 2* were published in the Canadian Winds Journal in 2015 and 2018 respectively. The Sisler Band Program was awarded the Don Green Award at the International Optimist Band Festival in 2015. Alexis believes in the healing power of the Arts and is an advocate for Arts Education. She may be contacted by email at asilver@wsd1.org.