Charmaine is a classically trained flutist, equally at home as a solo recitalist and ensemble musician, performing regularly with the Winnipeg Wind Ensemble, Winnipeg Chamber Winds Collective, and in her own recital series Charmaine & Friends. She enjoys occasionally playing with the Winnipeg Symphony Orchestra and Manitoba Chamber Orchestra, and performing as a guest flutist at concerts and events across Canada.

Charmaine teaches at her home studio in Winnipeg, Manitoba. She has coached students from the University of Manitoba and Provincial Manitoba Honour Bands, adjudicates for festivals such as the Syrinx Flute Festival and Brandon Festival of the Arts, and enjoys teaching flute clinics at schools around Manitoba. Charmaine's students participate in local festivals and honour bands, and several have continued their musical studies at the University of Manitoba and Brandon University.

Charmaine attended the University of Manitoba, University of Toronto, and The Glenn Gould School of Music, and holds a Master of Music degree. Her primary instructors include Jan Kocman and Laurel Ridd, she has also studied with Joanne Kosheluk, Martha Durkin, Dr. Kathleen Rudolph, and Leslie Newman.

Charmaine enjoys directing flute choirs and playing the smallest (piccolo) to nearly the largest (contrabass) instruments of the flute families. In her spare time she enjoys playing organ at her church and practising yoga and aikido.

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