Ms. Liu was born and raised in Shanghai, China. She earned her Bachelor's degree in instrumental music education at East China University and her Master's degree in horn performance at the University of Memphis.

Currently, Ms. Liu is teaching at Mount Enterprise ISD as a middle school band director. Before moving to Texas, Ms. Liu taught K-12 music, band, and choir at Hatton Eielson Public School. In addition to teaching at Hatton Eielson School, she was the horn instructor at the University of North Dakota and performed in the Dakota Brass. As a freelance musician, Ms. Liu has performed with the Memphis Repertory Orchestra, Arkansas Symphony, Memphis Occasional Orchestra, Germantown Symphony Orchestra, Waynesboro Symphony Orchestra, Shenandoah Wind Ensemble, Shanghai City Symphony Orchestra, Bemidji Symphony Orchestra, Greater Grand Forks Orchestra, and Dallas Asian Winds.

During her free time, Ms. Liu enjoys spending time with her husband, Cody, and her daughters, Amelia and Zola. Ms. Liu likes kayaking in the lake, she loves traveling, learning about different cultures, and trying new food.

If Ms. Liu wasn't a teacher, she'd be a traveling food blogger.